

Saturday May 16, 2009

Competitive Event

- 5K Walk
- 5K Run

Start and Finish

Minford Middle School
Falcon Rd
Minford, Ohio

Course

Shady, tree lined, rolling country

Entry Fee

\$10.00 pre-registration
\$15.00 day of race

Award Presentations

Awards will be given to the top 3 finishers in each age division, Awards will be given to the male and female with the fastest time in the 5K walk and 5k run. Top male and female will not receive duplicate awards

All are eligible for door prizes

Race packets must be picked up at the time of the event.

Age Divisions

5K Run

15 & younger
16-19
20-24
25-29
30-34
35-39
40-44
45-49
50-54
55-59
60-64

5K Walk

15 & younger
16-30
31-50
51 & older

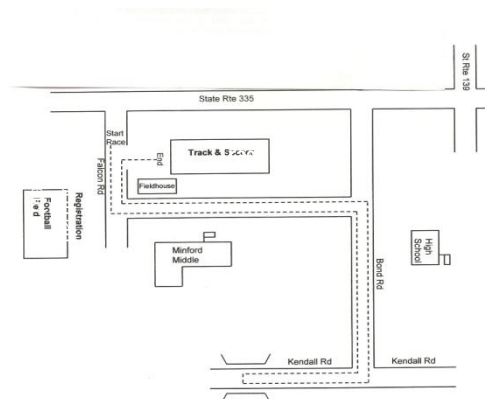
Race Day Schedule

7:30 Registration

8:45 Final Instructions (at starting line)

9:00 All Events Begin

Call: Dennis Prater at 820-4475 with questions



Entry Form

Name _____

Age _____ Sex Male Female

Street _____

City _____ State ____ Zip _____

Telephone _____

E-mail _____

Or register on line:

www.minfordfalcons.net/mhs

go to athletics, booster page

T-Shirt Sizes Shirts will be reserved for first 200 registered

Ys Ym YL AS AM AL Axlg Axxlg

Race Choice *Circle your event*

5K Run

5K Walk

Make check payable and send to:

Minford Athletic Boosters
PO Box 264
Minford, Ohio 45653

For additional race information call Dennis Prater at 820-4475 or email request to Boosters @Minford.K12.oh.us

Waiver: In consideration of your accepting this entry, I herby for myself, my heirs, executors and administrators waive and release any and all rights and claims for damages I have against The Minford Schools or Athletic Boosters. I give permission for the free use of my name and/or photograph in any broadcast, telecast or other account of this event. I further attest and certify that I am physically fit and have sufficiently trained for competition in the event I am entering

Signature: (Parent or guardian if under 18)

Falcon 5K

Run



Gold Sponsors

Bennett's Collision Repair Center

Falcon1.net

Southern Ohio Medical Center

U.S. Bank

USEC

Silver Sponsors

Deb's Guys & Gals

Desco

Erwin-Dodson-Allen Funeral Home

Flower's Monument

Giovanni's – Minford

Hull's Septic Service

Mefford's Septic Service

Minford Kwick Stop

Minford Pharmacy

Minford Shopwise

Minford Telephone

Muletown Mini Mart

Shoemaker's Service Center

Subway – Minford

Minford Athletic Boosters
PO Box 264
Minford, Ohio 45653

FALCON
5K RUN