



FREE SPORTS PHYSICALS

11 a.m. to 4 p.m., Saturday, June 27

Adena Rehabilitation & Wellness Center 445 Shawnee Lane Behind Shawnee Lanes Bowling

If you're a junior high or senior high school athlete or cheerleader in Ross, Jackson, Pike, Highland, Fayette, Pickaway, or Vinton counties... or the parent of one... check this out! Adena Health System, in conjunction with area physicians and advanced practice nurses, is offering free Sports Physicals for cheerleaders & athletes entering grades 7-12!

Call **740.779.7585** any time before 4 p.m. Saturday, June 20 for your appointment.

You **MUST HAVE AN APPOINTMENT** to have a physical. We schedule first-come, first served. Appointment times are **LIMITED**, so call soon. This is Adena's only Free Sports Physical Program for 2009.

The sports physicals offered by Adena Health System are not intended to be nor do they constitute a complete well child visit; that can only be done by your child's primary care physician. That family doctor or pediatrician knows your child and your family best. We encourage each child to have a complete health maintenance exam with their personal physician annually.